



Premium Seafood Cuisine™

Prime Select **RAW** CALAMARI

- Calamari is the number one selling seafood appetizer and Harvest of the Sea is your single best source for premium quality, hand selected, *all natural* Calamari.
- **The quality difference you can expect includes:**
 - Wild caught, *all natural* (additive free) Loligo squid from the Far East.
 - 100% yield, no waste— our Calamari is perfectly cleaned and trimmed, leaving virtually no cartilage, beaks, ink sacks or wings that are common in other products.
 - Accurate counts and true net weights, with pack to pack consistency.
- Available in all forms; Tubes & Tentacles, Rings & Tentacles, Tubes only and IQF Rings.
- Preparation is versatile, quick & easy – Deep Fry, Steam, Bake & Stir Fry.



70% tubes to 30% tentacles

Product Specifications

| Product Name | Manufacturer I.D.# | UPC Case Code | Pack/ Size | CS/ WT | CS Cube | Pallet Tie Height | Cases Per Pallet | Case Dimension L" x W" x H" | Yield/ Cs. Or Servings |
|---|--------------------|----------------|------------|---------|---------|-------------------|------------------|-----------------------------|------------------------|
| Prime Select 3-5 Raw Calamari Tubes & Tentacles | C01581881 | 50072087012158 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |
| Prime Select 5-8 Raw Calamari Tubes & Tentacles | C02581881 | 50072087012165 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |
| Prime Select Raw Calamari Rings - IQF | C01582081 | 10072087897245 | 2/5 lb. | 10 lbs. | 0.489 | 13x8 | 104 | 13.875"x8.125"x7.5" | 20 |
| Prime Select 3-5 Raw Calamari Rings & Tentacles | C03581881 | 50072087012172 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |
| Prime Select 5-8 Raw Calamari Rings & Tentacles | C04581881 | 50072087012189 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |
| Prime Select 3-5 Raw Calamari Tubes | C05581881 | 50072087012196 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |
| Prime Select 5-8 Raw Calamari Tubes | C06581881 | 50072087012202 | 6/2.5 lb. | 15 lbs. | 0.43 | 12x10 | 120 | 11.6"x11.2"x5.7" | 60 |

Prime Select ^{RAW} CALAMARI

The Form & Pack Variety For All Your Needs...



- **Tubes & Tentacles**

- Packed 70% tubes to 30% tentacles packed in 2.5 lb. frozen block.
- Consistent sizing
- Excellent for frying, baking, and sautéing.

- **Rings**

- IQF packed in 2/5 lb. bags
- Consistent cut width, meticulously clean with no debris.
- Serve breaded, deep-fried, served with your own signature sauce – it's a crowd favorite and a real money maker for you!

- **Rings and Tentacles**

- Packed in 2.5 lb. frozen block.
- 70% Rings to 30% Tentacles.
- Serve marinated in a salad or a classic fried calamari appetizer platter with a variety of sauces.

| NUTRITION FACTS | Amount/serving | %DV* | Amount/serving | %DV* | Amount/serving | %DV* |
|---------------------------------|--|---------------------|-----------------------|---------------------|----------------|--------------------|
| | Serv. Size 4 oz. (112g) | Total Fat 0g | 0% | Sodium 420mg | 18% | Protein 11g |
| Servings Per Container About 10 | Sat. Fat 0g | 0% | Total Carb. 4g | 1% | | |
| Calories 60 | <i>Trans</i> Fat 0g | | Dietary Fiber 0g | 0% | | |
| Fat Cal. 0 | Cholest. 280mg | 93% | Sugars 0g | | | |
| | Vitamin A 0% • Vitamin C 0% • Calcium 3% • Iron 2% | | | | | |

INGREDIENTS: Squid, salt

Tender Secrets to Great Calamari

Marinate calamari in milk for 3 to 4 hours. The natural enzymes in the milk tenderize the meat.

Classic Deep Fried:

Freshly Breaded Calamari needs only 45 seconds to cook at 350° in a deep fryer. Careful to not overcook it. The calamari will get tough and chewy

Bake/Stir fry/Sauté:

Calamari is excellent with these cooking options. Follow the directions of your recipe and enjoy!

Other Premium seafood specialties you might be interested in.

Crispy Wrapped Shrimp • Skewers • Seafood Medley • Cooked and Raw Shrimp • Pangasius